

P: 702-779-3902 • F: 866-536-1461 • Website: Relianthealthnv. Com

## **PATIENT INFORMATION:**

Name:			Social Security	/:		
D.O.B.:	Age:	Sex: Fer	male/Male			
Address:					Apt/Suite:	
City:		State:		Zip C	Code:	
Home:( )	Cell: ( )		Work: (	)	<del>-</del>	
Email Address:			@ Gmail/ Ya	hoo/Outlo	ook/ Aol/Hotma	ail.Com
Employer:		Contact: (	)		Ext.:	
Insurance Information:						
**Is Your Visit Due To A Job-relate	ed Injury Or Auto	mobile Accident? [	∃Yes □ No, If Ye	es, <b>Please</b> i	Notify Our Rece	ptionist
Primary Insurance:		Polic	y Num.:			
Group Num.:		Insurance Phone	Number: (	)		
Guarantor Insurance Information:	[Self] [Spous	e ] [Parent Guarant	tor]			
Name (if Other Than Patient):		DOB:_		SSN:		
Secondary Insurance:		Policy	Num.:			
Group Num.:		Insurance Phon	e Number: (	)	<del>-</del>	
Guarantor Insurance Information:	[Self] [Spouse	e] [Parent Guarar	ntor]			
Name (if Other Than Patient):		DOB:		SSN:		
Emergency Contact Information:						
Person to notify in case of emerge	ncy:		Phone: (	)	<del></del>	
Relationship to patient:	····					
Who do you give the right to relea	se your medical	records to?				
Pharmacy Information:						
Preferred pharmacy name:						
Major cross streets:					<u> </u>	
I authorized the release of any me of benefits to reliant health. I ackn	dical informatior	n necessary to proce	ess this to my ins	urance coi		
Patient signature:		D	ate:			

## **Patient History**

Medication name				Dose		Freq	uency		
ALLERGIES if you do no	t have a	any check	this box:	□ none	!				
Drug allergy		Reaction	1		Non-drug allergy		React	ion	
PAST MEDICAL HISTOR	RY (chec	k ALL tha	t apply)						
Condition	You	Mother	Father	Sibling	Condition Y	'ou	Mother	Father	Sibling
Anxiety					Hepatitis A/B/C				
Asthma					High Blood Pressure	е 🗆			
Arthritis					High Cholesterol				
Cancer					Kidney Problems				
Copd					Liver Problems				
Depression					Migraines				
Diabetes – Type 1					Prostate Problems				
Diabetes – Type 2					<b>Urinary Problems</b>				
Dementia					Thyroid Problem				
Heart Disease					Immune Dis.				
HIV					Other:				
SURGICAL HISTOR	<b>RY</b> if you								
Procedure type		Approxi	mate date	:	Procedure type		Appro	oximate dat	te
TESTS (list approxima	ate date	)				VAC	CINES (li	st approxin	nate date
Mammogram:		•	Prosta	ite Exam:			Pneumon		
PAP Smear:			Stress				Shingles:		
Bone Density:			Hearir	ng Test:			Tetanus:		
Colonoscopy:			Foot E EKG:	xam:			Flu: Covid-19:		

List all other doctors/specialists/providers who participate in your care

Provider Type		Provider		Provide	er Type		Prov	ider
Cardiologist (Hea	art)			Otolary	ngologist (ENT)			
Dermatologist (S	skin)			Pain M	anagement			
Endocrinologist (	•	one)			al Therapy			
Gastroenterolog				•	trist/Counselor			
Pulmonologist (L					atologist (Autoin			
Nephrologist (Ki					gist/Hematologi			
Neurologist (Nei					ist (Kidney/ Bladd	der)		
OB/GYN (Wome	n's Hea	alth)		Orthop	edic:			
☐ Tobacco	Packs/	Cig/Chew Per Day:	Ho	w Many Years	s? Quit [	Date:		□ Never Used
	Daily:		iny Years?	Quit Date		l Never Us		
☐ Alcohol		Per Day /Per Weel		w Many Years				□ Never
	Type:	Ter Day / Ter Weer	How Many Y	<u> </u>	Quit Date:		⊐ Never	
☐ Marijuana	туре.	Reason:	Quit D		□ NeverUse		<u> </u>	Useu
	<u> </u>		Day: Days					
☐ Exercise Typ								
Current Marital	Status:			Divorced			omestic F	
Occupation:					□ Disabled	·		
	ase cı	rcle the sympt	oms that yo	ou may be	CURRENTLY	xperiei	ncing it	ANY
Constitutional:								
		Fever	Chills		Night sweats		Fatigue	
Eyes:								
		Loss of vision	Blurred	vision	Visual changes		Other:	
E, N, T and mout	th:	2000 01 1101011	Diarrea	V151011	Visual changes	,	ouici	
		Sore throat	Hearing	loss	Mouth sores		Nasal co	ngestion
Respiratory:								_
		Cough	Wheezii	ng	Difficulty breat	thing	Shortne	ss of breath
Cardiovascular:								
		Chest pain	Palpitati	ons	Cramping thigl	าร	Leg swe	lling
Gi:								
84		Abdominal pain	Nausea		Vomit		Diarrhea	1
Musculoskeleta	1:	Muselonain	Dock noi	n	laint nain		Doctrict	d mation
Skin:		Muscle pain	Back pai	[]	Joint pain		Restricte	ed motion
JKIII.		Rash	Sores/w	ound	Blisters		Other:	
Psychiatric			00.00, 1.		2		_	
.,		Depression	Anxiety		Sleep disturba	nces	Suicidal	thoughts
<b>Endocrine:</b>		•	•		·			J
		Heat intolerance	Cold into	olerance	Excessive thirs	t	Other:_	
Neuro:								
		Headache	Dizzines	S	Memory loss	(	Other:_	
Immunologic:		A.II	_		0.1			
Conitourinan		Allergic reaction	Recurre	nt infection	Other:			
Genitourinary		Painful urination	Incontin	ence	Dysfunction		Other:	



# QUESTIONNAIRE FOR SLEEP APNEA

## **Stop**

Snoring?	Yes	No
Do you snore loudly (loud enough to be heard through closed doors or your bed-partner		
elbows you for snoring at night)?		
Tired?	Yes	No
Do you often feel tired, fatigued, or sleepy during the daytime (such as falling asleep? While		
driving or talking to someone)?		
Observed?	Yes	No
Has anyone observed you stop breathing or choking/gasping during your sleep?		
Pressure?	Yes	No
Do you have or are being treated for high blood pressure?		

## **Bang**

Body mass index more than 35 kg/M2?	Yes	No
Age older than 50-year-old?	Yes	No
Neck size large? (Measured around adams apple)	Yes	No
For male, is your shirt collar 17 inches/43 cm or larger?		
For female, is your shirt collar 16 inches/41 cm or larger?		
Gender= male?	Yes	No

Total score	

Scoring criteria: for general population

Low risk of OSA: yes to 0-2 questions

Intermediate risk of OSA: yes to 3-4 questions

High risk of OSA: yes to 5-8 questions

Patient Health Ques	tionnaire and Genera	al Anxiety Disorder	(PHQ-9 and GAD-7)
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Name:	DOB:	Date:

Over the last two weeks how often have you been bothered by any of the following? Please circle your answer.

PHQ-9	NOT	Several	More than	Every
	at all	days	half of the	day
			days	
1. Little interest or pleasure in doing things.	0	1	2	3
2. Feeling down, depressed, or hopeless.	0	1	2	3
3. Trouble falling, staying asleep, or sleeping too much.	0	1	2	3
4. Feeling tired or having little energy.	0	1	2	3
5. Poor appetite or overeating.	0	1	2	3
6. Feeling bad about yourself- or that you are a failure, have left	0	1	2	3
yourself or family down.				
7. Trouble concentrating on things like reading or watching television.	0	1	2	3
8. Moving or speaking slower, that people have noticed. Or the	0	1	2	3
opposite- being so fidgety or restless that you have been moving				
around a lot more than usual.				
9. Thoughts that you would be better off dead, or of hurting yourself in	0	1	2	3
some way.				
ADD THE SCORE FOR EACH COLUMN				
TOTAL				

How difficult have these problems (if any) made it for you to do your work, take care of things at home, or get along with other people? Circle one of the following that best describes it.

NOT difficult at all

Somewhat difficult

Very difficult

Extremely difficult

Over the last two weeks how often have you been bothered by any of the following? Please circle your answer.

GAD-7	Not sure at all	Some days	Over half days	Nearly every day
1. Feeling nervous, anxious or on edge.	0	1	2	3
2. Not being able to stop or control worrying.	0	1	2	3
3. Worrying too much about different things.	0	1	2	3
4. Trouble relaxing.	0	1	2	3
5. Being so restless that it's hard to sit still.	0	1	2	3
6. Becoming easily annoyed or irritable	0	1	2	3
7. Feeling afraid as if something awful might happen	0	1	2	3
ADD THE SCORE FOR EACH COLUMN				
TOTAL				

How difficult have these problems (if any) made it for you to do your work, take care of things at home, or get along with other people? Circle one of the following that best describes it.

NOT difficult at all

Somewhat difficult

Very difficult

Extremely difficult



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☐ I have chosen not to receive A copy of this release.

### Release of medical information

The information that may be released includes: • Medical Reports • IEPS• Graphs • Progress Notes • Summary Of Treatment \_\_\_\_\_, D.O.B.: \_\_\_\_-\_\_\_ Do hereby authorize: **Reliant Health** staf to obtain my records from the following on my behalf. Doctor office/facility name: Address: Phone number / Fax number: To Date • Discharge Summary • Medication Records • Testing • Education Records I understand that I need not consent to the release of this information. However, I choose to do so willingly and voluntarily for the purpose(s) specified above. \_ I understand that I may revoke this authorization at any time (except to the extent that action has been taken in reliance thereon), by written, dated, communication to the reliant health. \_\_\_\_ I understand that all confidentiality and notice of privacy practices in accordance with HIPAA privacy and confidentiality laws, reliant health shall always maintain A notice of privacy practices. This notice and policy must comply with all legal and regulatory requirements, such as HIPAA and Nevada health information privacy laws. This notice and policy must be reviewed with all patient/families at the time the provider begins rendering services and annually thereafter By signing below, I have read and initialed the information above, I agree and consent to medical information being released or requested on my behalf. Signature of patient/guardian \_\_\_\_\_\_ date:\_\_\_\_-Signature of parent/guardian:\_\_\_\_\_ date: \_\_\_\_-(If patient is A minor 17 and younger) ☐ I have chosen to receive A copy of this release



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### **Financial policy**

Thank you for choosing reliant health as your healthcare provider. We are committed to providing the best quality medical care. We look forward to establishing A lasting relationship and partnership with you. As part of this relationship, we wish to establish our expectation of your financial responsibility.

#### Self-pay:

Patients without insurance coverage will be required to pay for all services at the time they are rendered. We do offer a discounted rate to self-pay patients.

#### Insurance collection:

Your medical insurance policy is A contract between you and your insurance carrier and differs from individual to individual, even if from the same insurance carrier. Our providers should not be expected to know your individual insurance benefits or coverage amounts or terms, and you should not take any opinion they may offer as fact. As A courtesy, we will bill your medical insurance carrier for services we provide. We will be diligent in making sure your insurance is filed accurately and promptly. It is your responsibility to ensure we have the most current copy of your insurance card, demographic, and contact information. If your insurance cannot be verified at the time of service, you will be responsible for payment at the time of service. You are responsible for any balance remaining after your insurance carrier has processed your claim (60-90 days). Should your insurance company reimburse us later, we will gladly refund/reimburse you.

#### Co-payments, outstanding balances and fees:

All co-payments, outstanding balances and fees for services not covered by your insurance policy are due at the time services are rendered. For any questions regarding coverage for any services/treatments, we encourage you to contact your insurance carrier to revie w costs. As a convenience, we accept all major credit cards, debit cards, and cash.

#### Out of network/non-participating insurance carriers:

If your insurance carrier considers us 'out of network' or does not participate with us, you are responsible for payment in full at the time of service. We will gladly provide any proof visit/receipts, etc.

#### No show/cancellation policy:

Missed appointments represent A cost to us, to you, and to other patients who could have been accommodated. Appointments missed or not canceled at least 24 hours before the appointment time will result in A \$50.00 fee. Appointments can only be canceled by calling during regular business hours (8 A.M. – 5 p.m.). Please help us serve you better by keeping your scheduled appointment.

#### Forms: there is a flat rate fee of \$30.00.

#### Past due payments:

Just as we make every effort to accommodate you when you are in need of medical care, we expect you to make every effort to pay your bill promptly. If you have financial hardship or you are unable to pay your bill in its entirety, please contact our billing manager to discuss payment options. If your account becomes delinquent (past 30 days) your account will be subject to interest and collection costs.

#### Returned checks:

A \$50.00 fee will be charged on all returned checks. Additionally, we will no longer be able to accept checks from you for yourself or any members of your family.

#### Transfer of care:

When transferring care to another provider, we will request and require you to close out any balances due. Payment is due at the time the records request is made.

I authorize reliant health to release all requested information concerning my medical treatment to my insurance carrier. I further authorize my insurance company to pay from the proceeds of benefits of any recovery or insurance payments in my case, directly to the provider(s) of this office, for their professional services rendered.

Reliant health reserves the right to dismiss any patient from the practice who consistently fails to meet this policy or who refuses to sign this agreement. By signing below, I understand and agree to the terms of this office's financial policy.

Patient name:	 D.O.B.:	
Signature:	date:	



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### HIPAA information and consent form

Please be sure to read through each section of this form completely and sign at the end when done, if any questions feel free to ask front desk staff for clarification.

The health insurance portability and accountability act (HIPAA) provides safeguards to protect your privacy. Implementation of HIPAA requirements officially began on April 14, 2003. Many of the policies have been our practice for years. This form is A "friendly" version. A more complete text is posted in the office. What this is all about: specifically, there are rules and restrictions on who may see or be notified of your protected health information (PHI). These restrictions do not include the normal interchange of information necessary to provide you with office services. HIPAA provides certain rights and protections to you as the patient. We balance these needs with our goal of providing you with quality professional service and care. Additional information is available from the U.S. Department of health and human services. www.hhs.gov we have adopted the following policies:

- A. Patient information will be kept confidential except as it is necessary to provide services or to ensure that all administrative matters related to your care are handled appropriately. This specifically includes the sharing of information with other healthcare providers, laboratories, health insurance payers as is necessary and appropriate for your care. Patient files may be stored in open file racks and will not contain any coding which identifies A patient's condition or information which is not already A matter of public record. The normal course of providing care means that such records may be left, at least temporarily, in administrative areas such as the front office, examination room, etc. Those records will not be available to persons other than office staff. You agree to the normal procedures utilized within the office for the handling of charts, patient records, PHI and other documents or information
- **B.** It is the policy of this office to remind patients of their appointments. We may do this by telephone, e-mail, U.S mail, or by any means convenient for the practice and/or as requested by you. We may send you other communications informing you of changes to office policy and new technology that you might find valuable or informative.
- **C.** The practice utilizes A number of vendors in the conduct of business. These vendors may have access to PHI but must agree to abide by the confidentiality rules of HIPAA.
- **D.** You understand and agree to inspections of the office and review of documents which may include PHI by government agencies or insurance payers in normal performance of their duties.
- **E**. You agree to bring any concerns or complaints regarding privacy to the attention of the office manager or the doctor.
- F. Your confidential information will not be used for the purposes of marketing or advertising products, goods or services.
- **G**. We agree to provide patients with access to their records in accordance with state and federal laws.
- **H**. We may change, add, delete or modify any of these provisions to better serve the needs of both the practice and the patient.

- **I.** You have the right to request restrictions in the use of your protected health information and to request change in certain policies used within the office concerning your PHI. However, we are not obligated to alter internal policies to conform to your request.
- **J.** Uses and disclosures not requiring consent or authorization by law, protected health information may be released without your consent or authorization under the following conditions:
  - Suspected or known child abuse or neglect
  - Suspected or known sexual abuse of A child
  - Adult and domestic abuse
  - Judicial or administrative proceedings (I.E., You are ordered here by the court)
  - Serious threat to health or safety (I.E. "Duty to warn" and threat to national security)

By signing below, I do hereby consent and acknowledge my agreement to the terms set forth in the HIPAA INFORMATION FORM and any subsequent changes in office policy. I understand that this consent shall remain in force from this time forward.

Patient name printed:	D.O.B.:	Date:	
Patient signature:			
Minor name printed:	D.O.B.:	Date:	
Parent/guardian name:			
Parent/ guardian signature:		Date:	



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## Controlled substance agreement form

If you have been prescribed A controlled substance, we need you to complete this form before receiving medication. This form is only valid if completed before seeing your provider of choice.

In Nevada, per assembly bill 474, prescribers must inform their patients of information regarding the treatment of pain with the use of a controlled substance. It is important that you review the following information carefully and request additional information you may need to make an informed choice about the medication(s) prescribed. Please review the information listed here and initial each item.

I understand that I am being prescribed medications, including controlled substances for the treatment of pain.
I understand that all pain medications, including controlled substances, have different benefits and risks in the
treatment of  my  symptoms.  I  have  been  advised  of  the  potential  risks  and  benefits  of  treatment  using  controlled  substances.  and  controlled  substances  described by a controlled  substance  described by a controlled  described  described by a controlled  described by a controlled  descr
I understand that prescription-controlled substances can carry serious risks of addiction and overdose, especially with
prolonged use.
I understand that I am not to use the controlled substance prescribed to me in conjunction with drugs or alcohol, or other medications (unless otherwise directed by my prescriber).
Before I was prescribed this pain medication, I was advised regarding non-opioid alternative means of treatment for
my symptoms, including but not limited to anti-inflammatories (I.E., Aleve, tylenol, ibuprofen, etc.).
I understand that when I take controlled substance(s), I may experience certain reactions or side effects that could be
dangerous, including, but not limited to, sleepiness or sedation, constipation, nausea, itching, allergic reactions, problems with
thinking clearly, slowing of my reactions, or slowing of my breathing.
I understand that when I take controlled substance(s), it may not be safe for me to drive A car, operate machinery or
take care of other people. If I feel sedated, confused or otherwise impaired by these medications, I understand that I should
not do things that would put myself or other people at risk for being injured.
I understand that when I take controlled substances, I may become physically dependent on them, meaning my body
will become accustomed to taking the medications every day, and I would experience withdrawal sickness if I stop them or
cut back on them too quickly. Withdrawal symptoms like having the flu, and may include abdominal pain, nausea, vomiting, diarrhea, sweating, body aches, muscle cramps, runny nose, yawning, anxiety, and sleep problems.
I understand that I may become addicted to controlled substances and require addiction treatment if I cannot control
how I am using them, or if I continue to use them for A prolonged period. I have discussed with my prescriber the proper use
of the controlled substance.
I understand that anyone can develop an addiction to pain medications, but people who have had problems with mental
illness or with controlling drug or alcohol use in the past or who have A parent or sibling who has had drug or alcohol abuse
problems are at higher risk. I have told my prescriber if I or anyone in my family has had any of these types of problems I understand that I must store prescriptions in A secure place and out of the reach of children, and other family members
and/or use A locked medicine cabinet. To safely dispose of unused medications, I can return the unused medications in the
bottle to A local pharmacy, A local drug-take-back day, or A local police or sheriff substation in my community, or I may safely

ll my medication via telephone and, therefore, any requests for
d that my doctor may decline to refill my prescription if S/he
well-being. I understand that I am being prescribed A controlled
dditional periods of time may require additional consultation
a resulting from of controlled substances, the enicid everdes
e resulting from of controlled substances, the opioid overdose ription. I may obtain naloxone (narcan®) from A pharmacist.
r immediately if I think I am pregnant or if I am thinking abou
exposure to controlled substances during pregnancy, including
olled substance, neonatal abstinence syndrome, neurologic and
ildeath.
date:
itten above and by signing I give my consent for treatment of stances. I have had the opportunity to ask any questions r.
D.O.B.:
date:
var the ricks of the controlled substance being prescribed to L
per the risks of the controlled substance being prescribed to
per the risks of the controlled substance being prescribed to lication of abuse or misuse of the controlled substance the m reliant health entirely.
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ication of abuse or misuse of the controlled substance the m reliant health entirely.
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dispose of them by dissolving them in A dettera pouch. I understand that I am not to dispose of unused medications in the